FATIGUE CAP

Materials: 4 oz. of Jaeger "Super-Spun" ("J.S." Quality) Fingering, 3 -ply, (9d. per oz.), and 1 set of No. 10 Jaeger knitting needles with points at both ends Measurements: Length, 36 inches; width across 8 inches.

Tension: 7 stitches to 1 inch in width, and 10 rows to 1 inch in depth. **Abbreviations:** St.-st. = stocking stitch; sts. =

stitches.

Casting-on: Work into the back of all cast on sts

Cast on 111 sts. using three needles (37 sts. on each needle), and with the fourth needle work 36 inches in st.-st. Cast off.

THE MAKING UP

Press the work on the wrong side with a warm iron and damp cloth. Join one end and press the seam. Turn the work to the right side and slipstitch the other end. Press the seam