

Refashion: Junky Styling

Junky Styling was formed in 1997 by Annika Sanders and Kerry Seager who made clothes for themselves to wear out to clubs in the early 90s, during their late teens.

Everything Junky Styling produce is recycled from the best quality second hand clothing, deconstructed, re-cut and completely transformed into new products.



Annika Sanders and Kerry Seager from Junky Styling
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All products stocked in the Junky Store are either recycled, fair trade, made from organic materials or ethically produced. They hope to inspire all their customers to look at their discarded clothes and general waste items with fresh eyes and a resourceful frame of mind.

Annika shows how with a few old garments, a needle and thread and an eye for seeing things differently, you can be on the way to making your own unique and stylish garments.

How to make a UD-shrug

You will need:

- 1 cardigan
- scissors
- sewing machine, overlocker or needle and thread
- unpicker for seams
- dress making dummy (optional)

Step 1

Take a cardigan.

If you are doing this for the first time, you might want to use an old cardigan, in case you make mistakes.



Step 2

Turn it upside down and drape it on a dress making dummy (or try it on yourself).

You will see that it already looks a bit like a shrug with a cowl neck.



Step 3

If you want your finished UD-shrug to be sleeveless, cut the sleeves so that the seam remains attached to the garment. If you want your shrug to have sleeves, you will need to take care when unpicking.

Be careful when you unpick the garment as depending on how it's made, the knit might start to unravel. You can sew inside the edges before you cut to help stop this happening.



Step 4

Drape the sleeveless cardigan upside down on a dress maker's dummy (or try it on yourself).

Pinch the loose fabric at the front to form a triangle shape, wider at the sleeve and tapering off to the bottom. This will be your bust dart.

To mark where you need the darts, turn the garment inside out.



Step 5

Take the second garment, which will form the bottom part of the finished side way jumper top and cut a straight line below the sleeves, and discard the top part.

Turning the garment inside out afterwards will make the next stage easier.



Step 6

Stitch along the bust dart using a straight stitch.

If you put the pins in at right angles to the line you will sew, you can stitch straight over them on a machine without removing the pins first.



Step 7

The shrug will need symmetrical darts on both sides. You can take the measurement for the second dart from the dart you have just sewn. Pin and sew the second dart in place

Once you have created the darts on one side, you can then mirror them onto the other



Step 8

The finished UD-Shrug has ruches on the back, at the top (the bottom of the old cardigan). Fold over the fabric 2-3 times (depending on the length of the original cardigan) at one side of the back of the cardigan - about half way between the armhole and the centre back - and stitch in place.



If you find the fabric too thick for your sewing machine, you can hand stitch it.

Step 9

Repeat the ruches on the other side of the back of the garment (between the other arm hole and the centre back seam).



If you find the fabric too thick for your sewing machine, you can hand stitch it.

Step 10

Place the shrug back on the dress maker's dummy (or try it on yourself).



The beauty of knitwear is that it can be manipulated and draped, even if you can't sew.

Step 11

On the front of the garment you can use the original button holes and move the buttons to appropriate places on your refashioned garment.



Step 12

Finally, if you would like the shrug to have sleeves, make sure you turn them round the right way up (which will be the opposite way to how they were attached at the start).



Step 13

Use the existing buttonholes, but move the buttons to suit the drape of the new garment.

